

# DC Lifespan Respite

Presents

## *It Takes a Village*

Training for Family  
Caregivers, Parents, Respite  
Providers, Community Groups  
& Agencies

November 21, 2013

2:00 pm - 4:30 pm

DC Office on Aging/  
Aging Disability Resource Center

500 K Street N.E.

Washington, D.C. 20002

(202) 724-5626



The Lifespan Respite Program is funded by the US Administration on Aging and was established to help states expand, enhance, and coordinate respite services. The DC Lifespan Respite Program works to meet these goals and serve all family caregivers. This program includes, but is not limited to, individuals, families, and children affected by developmental disabilities, other disabilities, mental health issues, aging, chronic illness, or abuse.

Join us **November 21, 2013**, for this **FREE** training to learn about helpful tips for the working caregiver, effectively using respite, and respite for individuals with developmental disabilities, tools and tips for family caregivers, and supports for individuals with Alzheimer's.

**The EVENT is FREE, and SPACE is LIMITED!**

**TO REGISTER, please RSVP Linda Irizarry at [linda.irizarry@dc.gov](mailto:linda.irizarry@dc.gov) or CALL 202-724-5626.**



Government of the District of Columbia  
Vincent C. Gray, Mayor