

School Health Index Training



"Engage youth; promote student wellness; prevent and reduce obesity; and meet federal standards."

What is the School Health Index?

Improve student outcomes and build healthy communities.

The School Health Index (SHI) is an easy to use and confidential self-assessment and planning tool. Schools can use SHI to improve their health and safety policies and programs. SHI is based on the Center for Disease Control (CDC) research guidelines for school health programs. The research identified policies and practices effective in reducing youth health risk behaviors.

What SHI is Not!

SHI **is not** a school or student evaluation tool. SHI **is not** a mandate, nor official policy; **it does** reflect the current legislative environment for local school health policies and can assist schools as they work to meet requirements.

Who Should Attend?

- Potential Team Members
- School Administrators
- Principals
- Physical Education Teachers
- Health Education Teachers
- Mental Health Professionals
- Health Service Staff
- School Nurses
- Nutrition/Food Service Staff
- Maintenance & Transportation Staff
- Parents
- Students
- PTO/PTA Representatives
- Community Members

Attend Training

 **DATE:** Sept 29, 2015

 **TIME:** 9:00AM-12:00PM

 **WHERE:**
Department of Health
899 N Capitol St NE
4th Floor
Room 406 & 407
(Union Station Metro)

 **COST:** Free

 **CONTACT:**
For information,
please contact the
Health Education Team
osse.hydt@dc.gov

To Register
Registration is required

<http://goo.gl/forms/IAjAuMb3pi>

Need Technical Assistance?
E-mail osse.hydt@dc.gov

